

## CLAIMS

1. A lipid metabolism improving agent, comprising a pine bark extract as an active component.
- 5 2. The lipid metabolism improving agent of claim 1, which is a lipid absorption inhibiting agent.
3. The lipid metabolism improving agent of claim 1, which is a  
10 cholesterol excretion promoting agent.
4. The lipid metabolism improving agent of claim 1, which is a body fat reducing agent.
- 15 5. The lipid metabolism improving agent of claim 1, which is a fat accumulation inhibitory agent, wherein the fat is visceral fat or subcutaneous fat.